

Kendal and District Cycle Scene Rides List

Come join us! July - December 2007

About KDCS rides

KDCS rides are friendly and fun. They range from "Easy Tuesday" rides through to more challenging rides through the lakes and dales.

EASY TUESDAYS

are free leisure rides organised by Kendal & District Cycle Scene for Tuesday evenings throughout the summer, up to September 18th. They start from Kendal Leisure Centre at 7pm except for the third Tuesday of the month when they start from either Milnthorpe or Bowness/Windermere. The rides involve a gentle pace and are generally between 10 and 20 miles.

The routes and refreshment destinations are listed on the KDCS web site, look at - www.kdcs.org.uk

For further details of any of these rides please telephone- Bill Jackson 015394-44179 or Peter Raffle 01524-761801



Sunday 1st July 10.00 Kendal Leisure Centre
Whitbarrow, 26 miles approx.

Saturday 14th July 10.30 Market Square, Broughton-in-Furness
Ride to Duddon Valley & Eskdale (strenuous), 40 miles approx.

Sunday 5th August 10.30 Rear of Keswick Station (Grid Ref.272237). On road ride Skiddaw/Caldbeck Round, 38 miles approx.

Sunday 5th August 10.30 Rear of Keswick Station (Grid Ref.272237) Family ride, 10 miles approx

Saturday 18th August 10.15 Sedbergh, Loftus Rd Car Park
Ride to Sunbiggin Tarn, 40 miles approx

Sunday 2nd September 10.00 Kendal Leisure Centre
Barbon, Dent & Sedbergh, 40 miles approx.

Saturday 15th September 10.00 Kendal Leisure Centre
Sadgill, Longsleddale, Staveley (bring packed lunch and drink), 30 miles approx.

Saturday 29th September 10.30 Market Square, Broughton-in-Furness. Ride to Coniston, 35 miles approx.

Sunday 7th October 10.00 Settle Main Car Park
Gisburn Forest/Bolton by Bowland, (strenuous) 36 miles approx.

Saturday 20th October 10.15 Grange Railway Station
Winster Valley, lunch at Blackwell, 32 miles approx.

Sunday 4th November 10.00 Kendal Leisure Centre
Kirkby Lonsdale, 30 miles approx.

Saturday 17th November 10.15 Windermere Ferry at 10.15 for the 10.30 ferry (Parking available at Ferry Nab)
Hawkshead via Cunsey, 15 miles approx, ride can be extended.

Sunday 2nd December 10.00 Kendal Leisure Centre
Lanes North of Kendal, 35 miles approx.

Saturday 15th December 10.30 Kendal Leisure Centre
Traditional Christmas ride to the Watermill at Ings. 25 miles approx.



Photo courtesy of The Westmorland Gazette

visit our website at www.kdcs.org.uk for rides, news & info.