

# Kendal and District Cycle Scene Rides List

Come join us!

| January - June 2008

**KDCS rides are friendly and fun. They range from "Easy Tuesday" rides through to more challenging rides through the lakes and dales. It is free to join KDCS, visit our web site - [www.kdcs.org.uk](http://www.kdcs.org.uk) - to find out more about us and our rides.**

**Look out for the new Wednesday rides in April, May and June**



**Sunday 6th January** 10.00 Kendal Leisure Centre: Kirkby Lonsdale 35 miles approx.

**Saturday 19th January** 10.00 Blue Bell, Heversham: Halton and Lune Valley, 30 miles approx. Note: Kendal riders leave the Leisure Centre at 9.25 to cycle to Heversham

**Sunday 3rd February** 10.00 Kendal Leisure Centre: Mystery ride, 30 miles approx.

**Saturday 16th February** 10.00 Ambleside Rugby Club (free parking): Eight lakes tour, 29 miles approx.

**Sunday 2nd March** 10.00 Sedbergh, Loftus Rd Car Park: Sunbiggin Tarn, 40 miles approx.

**Saturday 15th March** 10.00 Windermere Ferry, for the 10.10 ferry (Parking available at Ferry Nab): Lowick Bridge, 36 miles approx.

**Sunday 6th April** 10.30 Kendal Leisure Centre: Bowland Bridge, 30 miles approx.

**Sunday 13th April** 10.00 Kendal Leisure Centre: Mountain bike ride, explore the tracks north of Kendal, 25 miles approx.

**Saturday 19th April** 10.30 Broughton-in-Furness, Market Square: Ride to Ravenglass, 50 miles approx.

**Wednesday 23rd April** 10.00 Kendal Leisure Centre: Kirkstone Pass & Shap, 60 miles or so

**Sunday 4th May** 10.00 Settle Railway Station: Littondale, 30 miles approx.

**Saturday 17th May** 10.30 Cartmel Square, Cartmel: Cartmel Fell and Greenodd, 25 miles approx.

**Wednesday 21st May** 10.00 Kendal Leisure Centre: Dent via Garsdale, 60 miles approx.

**Sunday 1st June** 10.00 Tebay Sports Field: Haweswater, 45 miles approx.

**Wednesday 11th June** 10.00 Clapham, (meeting place to be confirmed - phone Bill or Peter or check the web site): Slaidburn, 40 miles approx

**Friday - Sunday 20th-22nd June**  
Scottish week-end - (For further details please phone Peter Raffle or check the web site)

**Sunday 29th June** 8.00 Kendal Leisure Centre: Rose Counties Challenge: 75 miles approx.



**EASY TUESDAYS** are free leisure rides organised by Kendal & District Cycle Scene for Tuesday evenings during May to September. Most rides start from

Kendal Leisure Centre at 7pm, a few start from either Milnthorpe or Bowness/Windermere. The rides involve a gentle pace and are generally between 12 and 15 miles. Full details will go on the web site in Spring or phone Bill or Peter for further details.



**For further details of any of these rides please telephone-Bill Jackson 015394-44179 or Peter Raffle 01524-761801**

Visit our website at [www.kdcs.org.uk](http://www.kdcs.org.uk) for rides, news & info.