

Kendal & District Cycle Scene

Programme July - December 2010

		Destination	Meet at:-	Time	Approx.	Leader	Telephone
July							
SAT	3	Sunbiggin Tarn & Little Asby ***(ride could be ended if only KDCS turn up, and wish to extend it)	Tebay - opp.Old School Room	10.00	15	Mark (Bazeley)	01539 732064
SAT	17	"Somewhere up North!"	Kendal Leisure Centre	10.00	50	Malcolm (Cox)	015394 42180
SUN	18	Round Windermere Wobble. Extreme ride, includes 2 ere hill climbs incl. The Struggle, so strong riders only !	Kendal Leisure Centre	8.30	50	Simon (Rose)	01539 729770
WED *	21	Kirkby Lonsdale via Killington	Kendal Leisure Centre	9.30	50	Brian (Woodward)	01539 736800
August							
SUN	1	Circuit of Kendal	Wilfs' café @ Staveley	10.00	35	Andy (Mason)	01539 739119
WED *	18	Askham via Crosby Ravensworth	Tebay - opp.Old School Room	10.00	40	Hilary (Robertson)	01539 563518
SAT	21	Cark via Meathop Ice Cream Farm!	Kendal Leisure Centre	10.00	45	Anne & Sarah	01539 740073
September							
SUN	5	A Meandering ride to Leighton Moss	Kendal Leisure Centre	10.00	30	Malcolm (Cox)	01539 562881
WED *	15	Dent, Garsdale & Sedbergh	Kendal Leisure Centre	10.00	50	Mark (Bazeley)	01539 732064
SAT	18	Coniston & Elterwater	Ferry Nab	10.30	30	Martin (Slader)	015394 42180
October							
SUN	3	Sedbergh & Dent	Kendal Leisure Centre	10.00	45	Paul (Rodman)	01539 730792
SUN	10	Coniston via Langdale, Grasmere, Hawkshead & Grizedale	John Ruskin School Coniston, Park in the school grounds	10.00	40	Bryan (Hollowell)	01229 716640
SUN	17	10 Lakes Tour ***	Ambleside - St Mary's Church	10.00	30	Bill (Jackson)	015394 44179
SAT	23	Scorton & Garstang	"Woodies" @ Crook of Lune CP	10.00	40	Peter (Raffle)	01524 761801
November							
SUN	7	Contact Chris for details of starting time etc.	Newby Bridge			Chris (Rowley)	01539 732556
SAT	20	Duddon Valley Mountain Bike Ride ****	Broughton Market Square	10.30	40	Bryan (Holloway)	01229 716640
SUN	21	Grange & Cartmel	Kendal Leisure Centre	10.00	40	Paul (Rodman)	01539 730792
December							
SUN	5	Chunter with the Chair @Christmas!	Low Sizergh Barn	10.00**	25/30	Andrew (Judson)	01524 761849
SAT	11	Kentmere/Longsleddale Mountain Bike <u>OFF ROAD</u>	Wilfs' café @ Staveley	9.45	15	Bill (J) & Mark (B)	015394 44179

Between July & September meet at Kendal Leisure Centre at 7.00pm each Tuesday for an 'Easy Tuesday' ride of about 15 miles. Details advised later.

* Please advise the ride leader if you intend to go on this mid-week ride.**10.45am start, lunch @Carnforth Station, returning to LSB for tea!

*** This is a Flora of the Fells ride arranged in conjunction with the Friends of the Lake District.**** NOT SUITABLE FOR ROAD BIKES