

# Easy Tuesdays – July, August & September 2010



Not too far,

Not too fast,

Not too late,

... Not a bad idea!

## What are Easy Tuesdays?

They are free leisure rides organised by Kendal & District Cycle Scene for Tuesday evenings throughout the summer.

They start from **Kendal Leisure Centre at 7pm** *except for the third Tuesday of the month when they start from Milnthorpe or Windermere.*

The rides involve a gentle pace and are generally between 12 and 20 miles.

There is no pre-appointed leader for the rides. The routes are as listed below. No unaccompanied children please.

Below is the schedule for the rest of the summer.

<u>Date</u>	<u>Route</u>
Tuesday 6 <sup>th</sup> July	<b>East</b> - Oxenholme - Middleshaw – Holmescales – Old Hutton – Tarneybank Tarn - Killington Reservoir - Ewebank – Millholme - Oxenholme
Tuesday 13 <sup>th</sup> July	<b>South</b> - Natland - Sedgwick - Hincaster - Woodhouse – Heversham – Woodhouse - Well Heads – Sedgwick - Natland
Tuesday 20 <sup>th</sup> July	<b>Milnthorpe Square</b> to: Beetham - Yealand Conyers - Burton - Holme
Tuesday 27 <sup>th</sup> July	<b>West</b> - Burneside – Rather Heath Tarn - Crook - Staveley - Bowston - Burneside
Tuesday 3 <sup>rd</sup> August	<b>North</b> – Gilthwaiterigg Lane – north at Burneside to below Potter Fell - Bowston - Burneside
Tuesday 10 <sup>th</sup> August	<b>South</b> - Natland - Sedgwick - Hincaster - Woodhouse - Rowell – Field End - Stainton – Crosscrake – Barrows Green
Tuesday 17 <sup>th</sup> August	<b>Windermere Station</b> to: Winster – Strawberry Bank - Winster
Tuesday 24 <sup>th</sup> August	<b>South</b> - Natland - Sedgwick - Hincaster - Woodhouse - Heversham – Sandside - Milnthorpe – Woodhouse – Hincaster – Sedgwick - Natland
Tuesday 31 <sup>st</sup> August	<b>East</b> - Oxenholme – Paddy Lane – Fisher Tarn - Woodside – The Cragg Farm – New Hutton - Oxenholme
Tuesday 7 <sup>th</sup> September	<b>South</b> - Natland - Sedgwick – Sizergh – Sedgwick - Natland
Tuesday 14 <sup>th</sup> September	<b>Milnthorpe Square</b> to: Dallam Tower Deer Park – Storth – Sandside

For more details about our 2010 rides and Kendal & District Cycle Scene generally visit:



[www.kdcs.org.uk](http://www.kdcs.org.uk)